



Fastlane Pools Commercial Series



Custom pools for professional applications.

1. FASTLANE POOLS® COMMERCIAL SERIES



QUALITY PRODUCTS,
OUTSTANDING
CUSTOMER SUPPORT

James Murdock

President
Fastlane Pools

Fastlane Pools offers a wide range of therapy and exercise pools and spas appropriate for commercial use. Since 1988, we have been designing counter-current swimming and therapy pools. As the leader in the industry, we have more than 20,000 Fastlane Pools in service in all 50 states and in more than 100 countries. Because it's all we do, we can provide our clients with the most flexible and cost-effective way to incorporate aquatic therapy and fitness into their facility.

Designing a system that meets your needs is the end result of a close collaboration between you and your Fastlane Pools commercial design representative. We offer pools of different sizes and depths using our modular, steel panel system which can be customized to meet your specific needs. Our staff of architects, designers and engineers will work with you to tailor a pool specifically for your project.

We can help with more than just designing and planning too. What distinguishes Fastlane Pools from many of our competitors is our ability to bring trained and qualified contractors to your project. We have a network of more than 200 independent factory-trained installers nationwide to help control costs and ensure a smooth installation.

A handwritten signature in black ink that reads "James Murdock".

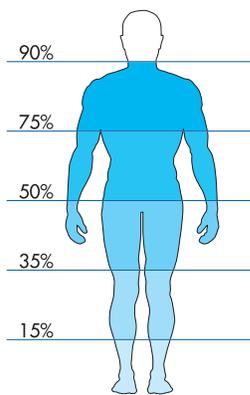


Dynamic Rehabilitation
Toledo, Ohio

Physiotherapy Associates
Atlanta, Georgia



Frutina Swim Center
London, England



Percentage of body weight offloaded with increasing immersion depth

2. BUOYANCY, THE KEY TO AQUATIC THERAPY!

With deeper water, the body becomes more buoyant resulting in less weight borne by hips, knees and ankles. Less weight means less pain and stress. Fastlane Pools® come in a range of sizes and depths providing an ideal environment for aquatic exercise and therapy.

3. THERAPEUTIC APPLICATIONS

Fastlane Pools® are used by the world's top physicians, physical therapists and athletic trainers for rehabilitation and low-impact exercise.

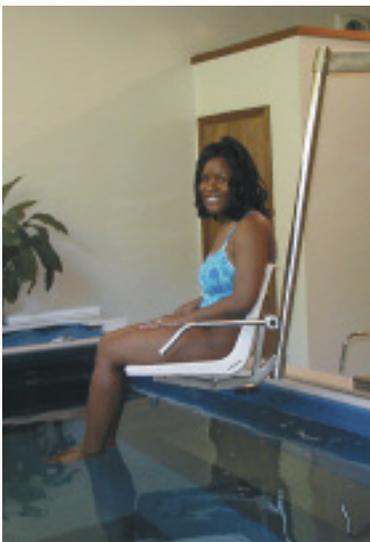
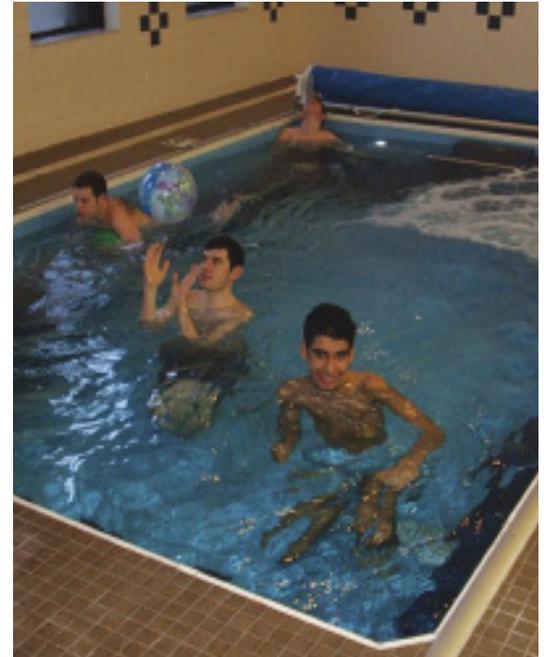
Aquatic therapy can be used to treat a wide variety of health conditions including arthritis, fibromyalgia, obesity, orthopedic injuries, and paralysis. Water's natural buoyancy allows people to move in water without the stress of land-based exercises. This allows patients to:

- Increase flexibility and strengthen muscles
- Alleviate the symptoms of many medical conditions
- Improve balance and agility
- Decrease joint swelling and reduce pain

By utilizing the resistance current, therapists can monitor a patient's progress and increase resistance as improvement is shown. The current also helps develop strength and endurance. Adding an underwater treadmill further enhances the treatment options available.

See for yourself why Fastlane Pools has become the most popular provider of resistance pools in the world and why top rehab and wellness professionals use it to maximize their rehabilitation and fitness results.

Kalanu Kids
Cedarhurst, New York



RELIABLE EQUIPMENT
AND SUPPORT AT
AFFORDABLE PRICES



Advance Physical and Aquatic Therapy
Springfield, Pennsylvania

4. SWIM APPLICATIONS

University swim programs have long recognized the value of the Fastlane Pool®. Developed originally on the pool deck at Columbia University in 1988, the Fastlane Pool is an ideal place to work with athletes on their stroke. The immediate performance feedback offered by the front and bottom mirrors as well as a video recording system allows the swimmer to make slight alterations and actually see results. Stroke efficiency is easy to see when swimming in place: improvements move you forward or reduce your stroke rate. Never before has a swimmer been able to really see their stroke in this way. Never before has a coach been able to stand next to a swimmer and adjust their stroke directly.

Swim studios, triathlon training and fitness centers rely on the highest quality swim current available in all Fastlane Pools. From the simplest and most economical Fastlane® to our newest Elite model, the laminar flow created by our custom large-diameter propeller creates the world's best counter-current swim. For coaches, standing next to the swimmer to observe and then provide immediate feedback is invaluable.

London Triathlon Canary Wharf, United Kingdom



5. PERFECT FOR ANY APPLICATION

While most Fastlane Pools are installed in physical therapy clinics and swim centers, we have had our fair share of special projects over the years.

Several ships from the Princess Cruise Line rely on our Fastlane system to create a perfect swim, and the US Army has used our Fastlane Pool in Iraq and Afghanistan for physical therapy and swim exercise. Even the Navy SEALs use our system for swim training and to simulate strong ocean currents. We installed this same system in the polar bear pool in the Central Park Zoo in New York City.

The modular Fastlane Pool is so compact and easy to install that it fits just about anywhere. Call us with your idea.



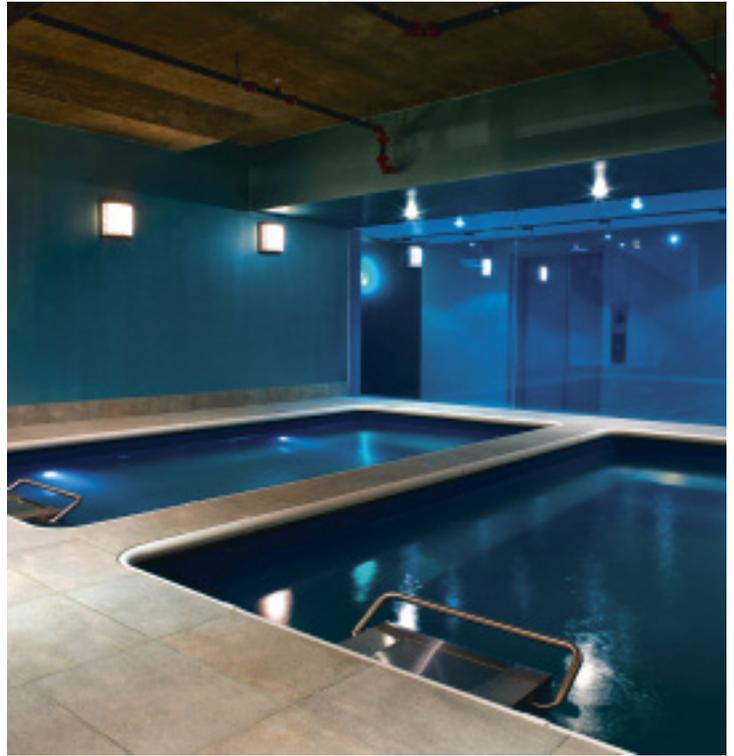
6. HOTELS & FITNESS CENTERS

The Fastlane Pool® enables fitness centers to offer members additional programming through personal training, water therapy, swim lessons, one-on-one stroke analysis, triathlete training and scheduled lap swimming. The Fastlane Pool allows you to personalize your training sessions while enhancing revenues. As little as 2 training sessions per day can cover the cost of the Fastlane Pool in less than 1 year.

Fitness centers with space or financial constraints utilize the Fastlane Pool as an alternative to installing an in-ground, 25-yard/6-lane lap pool at a fraction of the cost. Clubs with outdoor pools located in a seasonal climate can install an Fastlane Pool indoors for year-round aquatic programming.

Adding an Fastlane Pool to your fitness program enhances revenue, programming and membership participation in a cost-effective and environmentally friendly way.

Hotels with limited space have installed Fastlane Pools to add swimming to their list of amenities. Research shows that hotels with pools have a 20% higher occupancy rate and higher average room rate. Adding Fastlane Pools allows you to target business travelers looking for high-tech, fitness-conscious products to enhance their stay.



VIDA Fitness
Washington, District of Columbia

Whale Walk Inn and Spa
Cape Cod, Massachusetts



7. SPORTS MEDICINE

Whether you manage a sports team or operate a facility that caters to elite athletes, the tools that you provide your athletes will determine the level of success treating injuries and getting them back to peak performance in the shortest possible amount of time.

- You need to offer innovative workout solutions to give your athletes the extra edge.
- You need high-quality products that are reliable and durable.
- You need to monitor, record and manage the performance of each athlete.

Fastlane Pools® offers all this and more.

Incorporating an Fastlane Pool into your facility allows sports professionals to offer a wide variety of exercises at different intensity levels to promote improved movement and strengthening. Utilizing an aquatic environment allows injured athletes to train significantly sooner than land-based exercises, reducing the recovery time and getting players back on the field much more quickly and with improved levels of fitness.

What's more, athletes enjoy working out in the warm water – this is important as they are more likely to embrace their treatments, which promotes faster healing.

Whatever the needs of your team, organization, or fitness facility, we have the experience to provide superior aquatic products and services to help your athletes train for excellence.

National Training Center Clermont, Florida

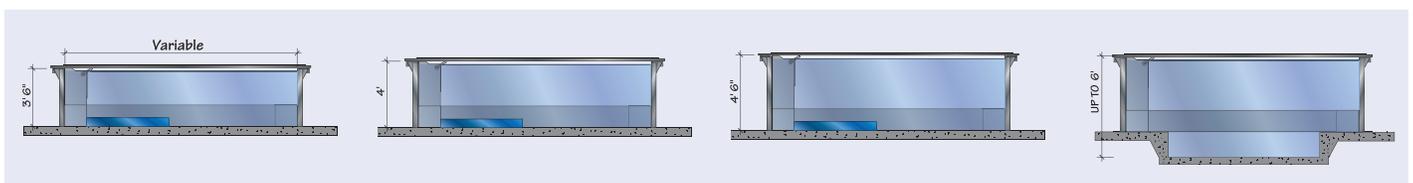


8. VARIABLE SIZE AND DEPTH

A key advantage of an Fastlane Pool is the flexibility inherent in our steel-panel, elastomeric membrane system. From our 1.83m x 1.83m WaterWell® to our 4.57m x 4.57m' Dual Propulsion Fastlane Pool®, variations in one-foot increments are possible using our freestanding structural panels.

A therapy or exercise pool requires water at the appropriate depth. Our residential, steel-panel Fastlane Pools, intended primarily for swimming, are 1.07m tall with a water depth of 1m.

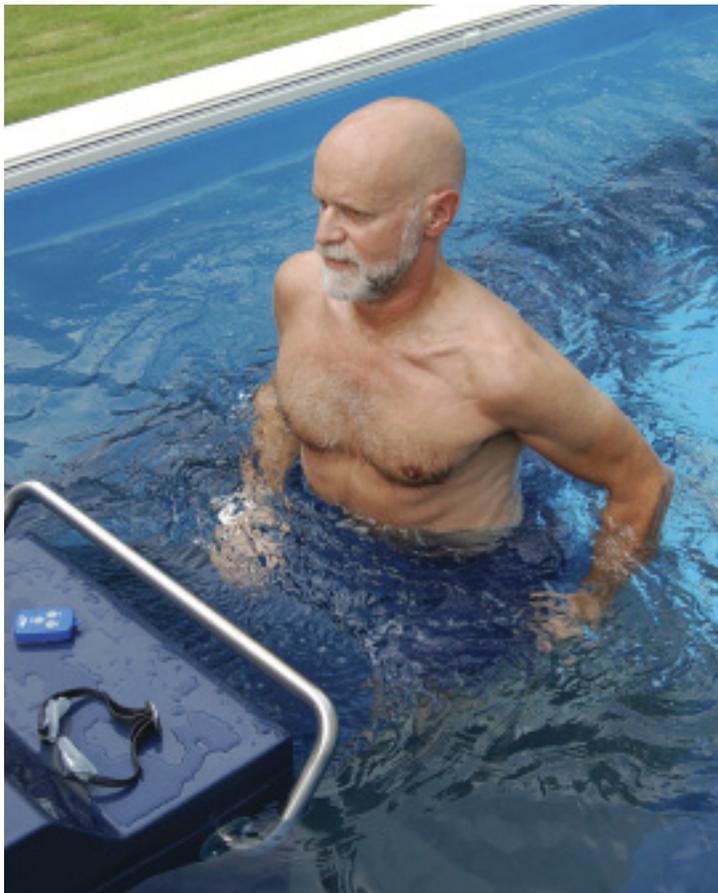
For most commercial applications, however, we recommend either our 1.22m or 1.37m models. All of these water depths are achievable without excavation. If excavation is possible, of course, any depth or combination of depths can be achieved. Be sure to speak with our design professional about your depth requirements.



9. COMMERCIAL FASTLANE POOL®

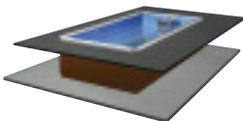
The Commercial Fastlane Pool is designed to fit just about anywhere. Because of its modular design, it can be installed in existing spaces. All of the components of a Commercial Fastlane Pool fit easily through doorways and down stairs. The modular design also allows for pools of varying sizes from 2.13m x 3.66m to 4.88m x 4.88m with water depths up to 6' deep. This flexibility has allowed commercial facilities around the globe to realize more income potential.

With a Commercial Fastlane Pool, you determine the aesthetic. Custom copings and sidings supplement the standard options that we offer. You can make a Commercial Fastlane Pool exactly the size you want.

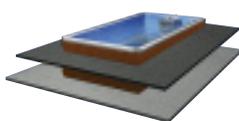


Underwater Treadmills

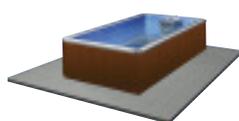
Hydraulic and Manual Treadmills available



Fully In-Ground



Partially In-Ground



Aboveground



Commercial Fastlane Pool

Swim area:	2.13m x 3.66m to 4.88m x 4.88m
Water depth:	1m standard water depth, 1.14m and 1.3m optional
Workout station:	multiple workout stations and seating (1m model)
Water capacity:	7,570 liters to 22,712 liters
Water quality:	NSF Approved Water Suction Outlet, Main Drain, Skimmer, VGB 2008 Secondary Suction, ETL Listed High Efficiency Pump, UL listed In-Line UV Sanitizer, NSF Approved 75 sft. Cartridge Filter, 4kW Electric Heater
Swim current:	53.3cm x 40.6cm or 61.0cm wide x 45.7cm deep
Resistance Current:	5 hp or 7.5 hp
Construction:	galvanized steel panels, 60 mil PVC membrane
Coping:	aluminium, synthetic, bullnose, wood receiver, optional
Skirting:	aluminium, synthetic wood siding, optional
Therapy jets:	4 jets, optional
Lighting:	underwater lights, optional
Cover:	solar blanket, manual or automatic security covers, optional
Stairs:	corners step, stairs, optional



19 Rooftop Fastlane Pools
Pompano Beach, Florida

10. DUAL PROPULSION FASTLANE POOL®

For most installations, one swim current is perfect; however, some facilities, especially those with a large clientele, want to offer group therapy sessions. For those customers, we offer the Dual Propulsion Fastlane Pool, which allows multiple patients or two swimmers side-by-side.

The Biggest Loser TV show installed a Dual Propulsion Pool on the set for Season 13 including two hydraulically powered underwater treadmills for the ultimate workout. Over the course of the show, as the contestants aerobic capacity increased, they were able to increase the speed of the treadmill and also the speed of the current, used for resistance.

This option includes a second propulsion system and a 3.96m x 4.27m x 1m size pool, customizable to 4.88m x 4.88m and up to 1.30m deep.

Our Dual Swim Current allows two swimmers to utilize two independently controlled, variable-speed swim currents, complete with remote controls. With the optional swim pace display you can monitor progress and chart improvements.

Many swim schools have purchased this option as it allows coaches to train multiple swimmers at the same time.



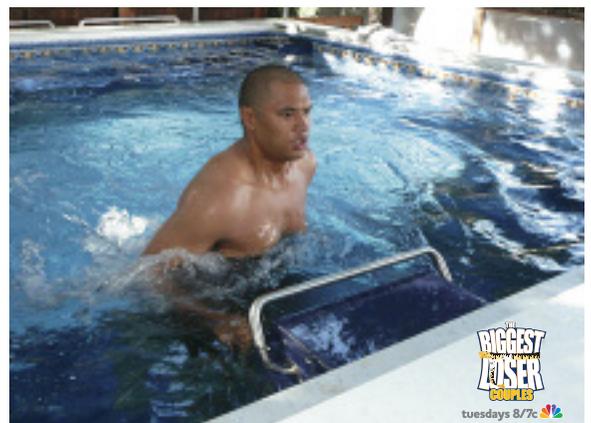
St. Paul Elder Services

Kaukauna, Wisconsin



Dual Propulsion Fastlane Pool

Swim area:	3.96m x 4.27m to 4.88m x 4.88m
Water depth:	1m standard water depth, 1.14m and 1.3m optional
Workout station:	multiple workout stations and seating (1m model)
Water capacity:	7,570 liters to 22,712 liters
Water quality:	NSF Approved Water Suction Outlet, Main Drain, Skimmer, VGB 2008 Secondary Suction, ETL Listed High Efficiency Pump, UL listed In-Line UV Sanitizer, NSF Approved 75 sft. Cartridge Filter, 4kW Electric Heater
Swim current:	53.3cm x 40.6cm
Resistance Current:	5 hp
Construction:	galvanized steel panels, 60 mil membrane
Coping:	aluminium, synthetic, bullnose, wood receiver, optional
Skirting:	aluminium, synthetic wood siding, optional
Therapy jets:	4 jets, optional
Lighting:	underwater lights, optional
Cover:	solar blanket, manual or automatic security covers, optional
Stairs:	corners step, stairs, optional



The Biggest Loser
Calabasas, California

11. ELITE FASTLANE POOL®

For the highest caliber swimmers, our Fastlane Pool Elite offers the fastest, smoothest swim current available in any swimming machine. With a standard swim area of 2.44m x 4.27m x 1m (custom sizes and depths available) and two custom-designed propellers operated by a single remote control, the Elite challenges even the finest swimmers.

The custom-designed 61 cm x 53.3cm outlet produces a flow of water that is wider, deeper and smoother than our standard system. By mounting the two propellers on either side of the long return channels, the water travels further before it enters the propulsion housing giving it more time to straighten, thereby producing an ultra-smooth current.



ASCA World Clinic San Diego, California



Fastlane Pool Elite

Swim area:	2.13m x 3.66m to 3.05m x 4.88m'
Water depth:	1m standard water depth, 1.14m and 1.3m optional
Workout station:	multiple workout stations and seating (1m model)
Water capacity:	7,570 liters to 22,712 liters
Water quality:	NSF Approved Water Suction Outlet, Main Drain, Skimmer, VGB 2008 Secondary Suction, ETL Listed High Efficiency Pump, UL listed In-Line UV Sanitizer, NSF Approved 75 sft. Cartridge Filter, 4kW Electric Heater
Swim current:	61.0cm x 53.3cm
Resistance Current:	7.5 hp
Construction:	galvanized steel panels, 60 mil PVC membrane
Coping:	aluminium, synthetic, bullnose, wood receiver, optional
Skirting:	aluminium, synthetic wood siding, optional
Therapy jets:	4 jets, optional
Lighting:	underwater lights, optional
Cover:	solar blanket, manual or automatic security covers, optional
Stairs:	corners step, stairs, optional

SwimMAC Charlotte Grand Prix

Charlotte, North Carolina



12. FASTLANE POOL WATERWELL®

Ideal for aquatic exercise and therapy, the WaterWell provides chest-deep water in a freestanding package that fits just about anywhere. Warm water is perfect for relieving pain and stiffness in muscles and joints. The natural buoyancy of water supports your body and eases mobility. Available in multiple sizes and depths, the WaterWell is an Fastlane Pool without the swim current. Simple to install, the WaterWell is completely self-contained and perfect for commercial use.

Perfect Balance Physical Therapy

Brevard, North Carolina



Fastlane Pool WaterWell

Therapy area: 1.83m x 1.83m to 2.74m x 4.57m

Water depth: 1m standard water depth, 1.14m and 1.3m optional

Seating: Interior bench seat

Water capacity: 3,785 liters to 15,141 liters

Water quality: NSF Approved Water Suction Outlet, Main Drain, Skimmer, VGB 2008 Secondary Suction, ETL Listed High Efficiency Pump, UL listed In-Line UV Sanitizer, NSF Approved 75 sft. Cartridge Filter, 4kW Electric Heater

Construction: galvanized steel panels, 60 mil PVC membrane

Interior colour: 3 colours, 4 patterns

Coping: aluminium, synthetic, bullnose, wood receiver, optional

Skirting: aluminium, synthetic wood siding, optional

Spa jets: 4 jets, optional

Lighting: underwater lights, optional

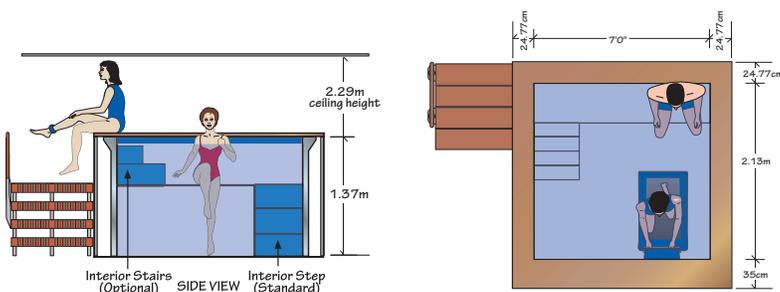
Cover: solar blanket, manual or automatic security covers, optional

Stairs: corners step, stairs, optional



Underwater Treadmills

Hydraulic and Manual Treadmills available



13. THERAPEUTIC OPTIONS

Hydrotherapy Jets

Increase range of motion in your patients or athletes joints and muscles with our hydrotherapy jets. Fastlane Pool® Hydrotherapy Jets are essential for rehabilitation, decreasing inflammation, and removing lactic acid from tired muscles. The stream of water from the jets loosens tight muscles and stimulates the release of endorphins. They also provide a gentle massage after a therapy session.

Interior Seating

All Fastlane Pools provide multiple workout stations at a variety of water depths. Steps, bench seats and grab bars located strategically around the perimeter enable multiple patients to perform varying protocols simultaneously.

Variable Speed Current

The Fastlane Pools current is remarkably smooth and completely variable in speed. Wider than your body and deeper than your swim stroke, the current is ideal for swimming as well as a variety of therapy protocols. With an Fastlane Pool the user can step out of the current if necessary without being pushed to the rear of the pool. Vary the speed to increase the resistance level and monitor patient progress.

Access Options

Fastlane Pools offers a wide variety of grab bars and stairs to facilitate patient access in and out of the pool. Please contact us for complete information.

Underwater Treadmill

Critical for most therapy applications, the treadmill simulates land-based walking or running without stress on muscles or joints. Gait training can be performed much earlier after surgery using an underwater treadmill at low speeds, allowing patients to get back to their normal living earlier. Use the treadmill in conjunction with our resistance current to vary intensity and work on core conditioning.

Studies show that underwater treadmills are a viable alternative to land-based treadmills. Water's natural buoyancy gently supports joints to encourage free movement as you work against resistance in all directions. You burn as many calories, enjoy an increased range of motion, and suffer less muscle soreness — all without the pounding of land-based exercise.



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Fastlane Pools is proud to be associated with:



2008 VGB Compliant

All electrical components are UL or CSA Listed
The Fastlane Pool is ETL listed, Reg. #2001779

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